

Itinerary for Theralu, Coorg, Karnataka

Day 1: Arrival and Exploration

- Morning: Arrival at Retreat - Settle into your accommodations nestled deep in the forest.
- Welcome Breakfast - Enjoy a delicious breakfast to kick off your stay.
- Mid-Morning: Nature Walk - Go on a guided nature walk to explore the surrounding flora and fauna.
- Lunch: Delicious Meal - Savor a hearty lunch prepared with local ingredients.
- Afternoon: Coffee Plantation Tour - Discover the process and significance of coffee cultivation with a guided tour of the nearby coffee plantations.
- Private Library Time - Spend some quiet time in the cozy library, perfect for reading or writing.
- Evening: Snacks - Enjoy bhajiya with chai or coffee.
- Dinner - Delight in a traditional meal made with local flavors.
- Relaxation by the Water - Unwind by the private water body, soaking in the serene atmosphere. Enjoy a campfire by the waterbody.

Day 2: Culture and Community

- Morning: Breakfast - Start your day with a delicious breakfast.
- Mid-Morning: Local Market Visit - Experience the vibrant local market, where you can sample regional foods and shop for fresh produce.
- Lunch: Delicious Meal - Relish a lunch that highlights the local cuisine.
- Afternoon: Free Time - Enjoy the peaceful surroundings; take a moment to relax by the water or read in the library.
- Optional Coffee Experience - If you choose, participate in a hands-on coffee-making session.
- Evening: Farewell Dinner - Conclude your stay with a special dinner, reflecting on your experiences.
- Final Moments by the Water - Spend your last evening by the water, enjoying the tranquility and beauty of the retreat before departure.